2024 –2025 1st and 2nd grade Physical Education

September:

Week 1 - Get to Know You Games
Week 2 - Shark Attack (commonly known as Freeze Tag)
Week 3 - Chatting about Fueling Bodies

October: Flag Football and Capture the Flag Football (All weeks)

November: Soccer Tournament - All Weeks (depending on weather)

December:

Week 1 - Calisthenics (indoor stretching, body weight movements)
Week 2 - Kids Choice/ Small Christmas Party

January:
Week 1 - Chatting about Christmas Break/ Welcome Back Games
Week 2 - Parachute Games
Week 3 - Corn Hole

February:
Week 1 - Team Building Charades
Week 2 - Shark Attack
Week 3 - Kid's Choice

March: Ultimate Frisbee Tournament or Indoor Dodgeball (Depending on weather) All Weeks

April: Wiffle Ball Tournament

May: End of Year Party